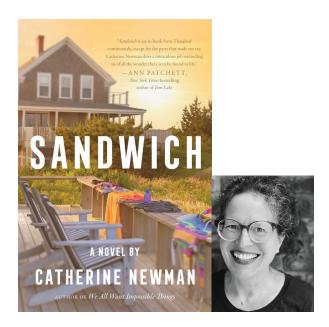
## Discussion Guide for Sandwich by Catherine Newman



- 1. How do secrets work in this book? Why are there so many of them and how do they relate to each other and/or move the story along?
- 2. How did you feel about the character named Rocky's Menopausal Body?
- 3. This is, to some extent, a book about a long marriage. What are your thoughts about Rocky and Nick's relationship?
- 4. What about Rocky's relationships with her young adult kids? Her own aging parents?
- 5. Did you have a favorite character?
- 6. If you could have given a single piece of advice to one of the characters, what would it have been?
- 7. How important do you think the setting was to the way the story unfolded?
- 8. Does this book actually have a plot, and how would you describe it?
- 9. Did it end the way you thought it would? Was the ending delightful, satisfying, annoying, enraging, or none of the above?

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